

## Murray Youth and Family Triathlon

The Murray Youth and Family Triathlon is a race designed especially for young people, families, novice adults and seniors looking to participate in an introductory-level triathlon. Kids, teens, mom, dad, grandparents and friends all have an opportunity to experience the fun of triathlon with this event.

Free Prep Clinic: Aug. 28 @ 6:30

PM (Park Center Parking Lot in

front of the leisure pool)

Date: Monday, September 3, 2018
Place: Murray Park by the Park Center

Cost: Youth under 15 \$25

Adult \$30 F1 \$35

Time: 7:45 am

**Deadline:** Friday, August 24, 2018 Price goes up \$10 in Each category.

Drop Dead Deadline Wednesday, 29, 2018 (No registrations after this day)

**Register:** Murray Parks and Recreation Office, The Park Center or online at <a href="https://www.mcreg.com">www.mcreg.com</a>

Age Groups/Distances:

5-6 Years; 25 yd Swim, .6 mile Bike, .25 mile Run 7-8 Years; 50 yd Swim, 1.2 mile Bike, .5 mile Run 9-10 Years; 100 yd Swim, 2.65 mile Bike, .7 mile Run 11+ Years; 150 yd Swim, 5.3 mile Bike, 1.2 mile Run

(11-12, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+) F1 Format for 15 years and up open race Long course 2x

## **Divisions: (Youth and Adult)**

Girls 5-6, Boys 5-6, Girls 7-8, Boys 7-8, Girls 9-10, Boys 9-10, Girls 11-12, Boys 11-12, Girls 13-15, Boys 13-15, Women 16-19, Men 16-19, Women 20-29, Men 20-29, Women 30-39, Men 30-39, Women 40-49, Men 40-49, Women 50-59, Women 60-69, Men 60-69, 70+Women, 70+Men's Open F1 (double super sprint), Women's Open F1 (double super sprint),

Triathlon Regist	<u>ration</u>						
Name			Address	Address			
City/Zip			Phone				
Email:							
T-shirt Size:	Youth Small	Youth Medium	Youth Large				
	Adult Small	Adult Medium	Adult Large	Adult XL	Adult XXL	_	
Division		(See above division	ns please indicate)	DOB	Age		
LIABILITY RELEA	SE AND PERMIS	SION TO PARTICIPAT	Έ				
claims for damagaccrue as a resu danger of accide release, and assi	ges for death, polits of participation of participation of the contract of the	ersonal injury, or pro on in said event. It is ng those risks, I herel	operty damage whi understood that s by assume those ri by heirs and assigns	ch myself or my some recreation sks. It is further	child may have, o al activities involve understood and a	I discharge any and all or which may hereafter an element of risk or greed that this waiver, foregoing registration,	
Parent/Guardian Signature			Date				